

COMMUTER PROFILE

Name: **Chris Macek**

Company: County of SLO, Planning and Building

Commute Choice: Bicycling



For the past seven years, Chris Macek has been commuting to San Luis Obispo primarily by bicycle. The 20 roundtrip from Shell Beach to San Luis Obispo has kept her motivated and she states provides 'self-satisfaction' in her daily commute. Her roundtrips add up dramatically as she averages over 90 miles per week bicycling to work. By the end of the year Chris logs in over 4,000 bike miles to just her workplace.

While there is no such thing as bad weather, just lack of good rain gear, during the occasional inclement weather on the Central Coast, she combines her commute by 'bus-&-bike' putting her bike on the RTA Route 10 bus in one of the six bike racks available. The flexibility of using RTA, when she needs it, makes cycling work for her.

There are many reasons why a person considers moving from four wheels to two, one of which is saving on fuel, maintenance and wear and tear on their vehicle. At over \$3.00 a gallon for gas, Chris not only enjoys the savings by not driving to work, but also proudly admits: "I may only roll out my vehicle once a week." Additionally, she enjoys the fresh start it gives to her day, clearing her mind on the way home and the healthy exercise it provides. Besides she adds, "with a couple nice panniers you can haul your groceries home as well."

Take advantage of the new "**Map My Ride**" feature. A map based program allows you to find the quickest route from point to point in the county. <http://triplink.org/bikemap.php?option=bike&action=list>

Are you riding your bike to work? Register today with **TripLink** at <http://rideshare.org/cm/about/triplink.html>

Take advantage of drawings and four guaranteed rides home. Plus, find a new way to commute with a Bike Buddy— you'll be motivated to cycle a whole lot more.



Tell us how you get around.

Submit your commuter profile to admin@rideshare.org or call 781-4362 for more information.

