

KNOW HOW TO GO!

TRANSPORTATION GUIDE *For San Luis Obispo County*

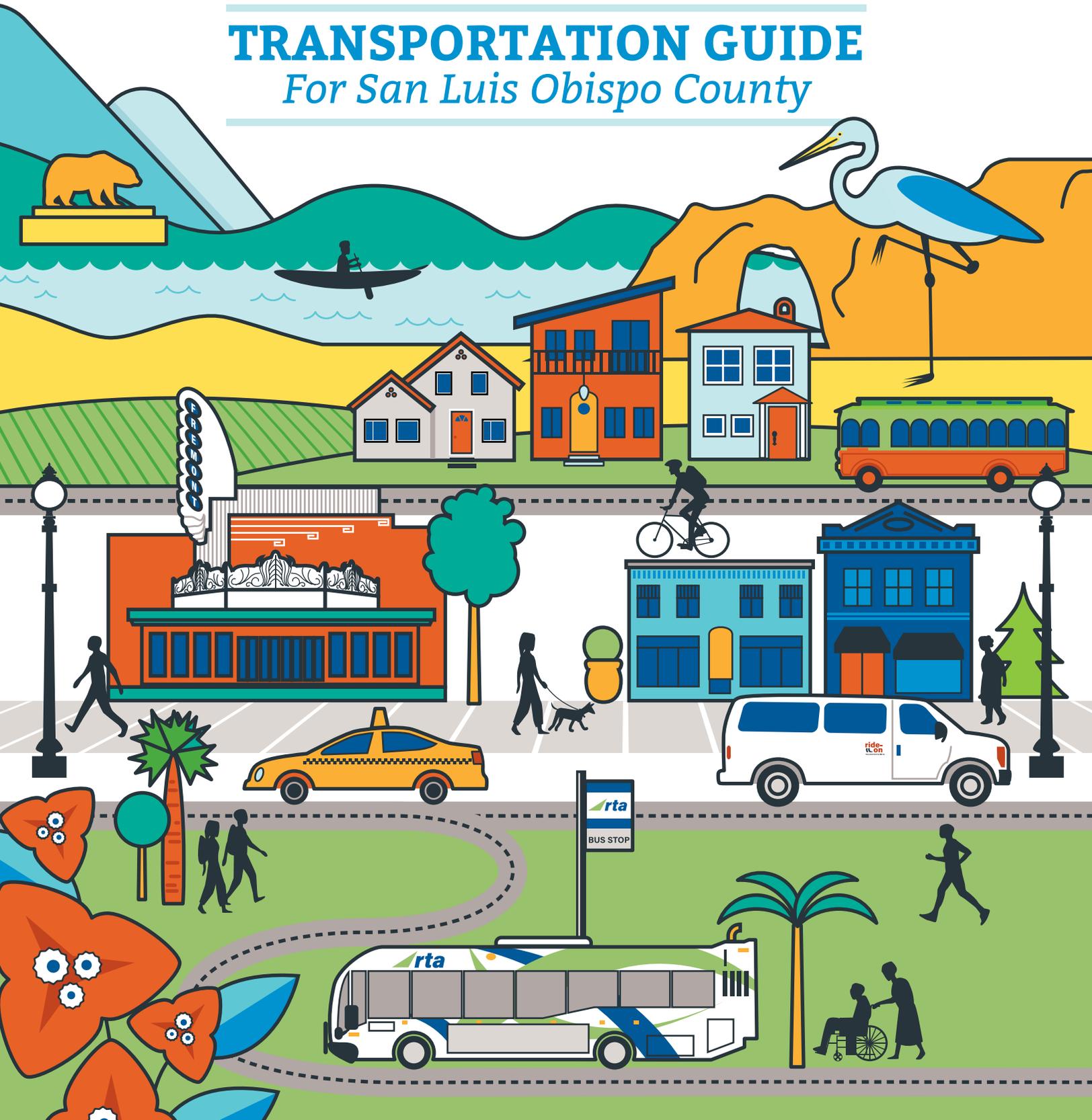




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Know How To Go! is a transportation information service for San Luis Obispo County. Visit [KnowHowToGoSLO.org](https://www.knowhowtogo.org) or speak with a staff member by calling **5-1-1** and selecting “0”

GLOSSARY:

- **511:** Phone number for SLO County transportation information including road conditions, public transit, Rideshare, commuter services, roadside assistance, and the Travel Training Office (select "0" to speak with a staff member) (disponible en español)
- **Curb-to-Curb:** A service which picks up at the curb, the driver does not assist in/out of the vehicle.
- **Dial-a-Ride:** A local-only service operating within city limits
- **Door-through-Door:** A service which picks up at the door, the driver is available to provide assistance to/from the door and in/out of the vehicle
- **Fare:** The cost paid by the rider to use a transportation service
- **Know How To Go:** A transportation information service for seniors and people with disabilities traveling in San Luis Obispo County. More information available at KnowHowToGoSLO.org
- **Non-Emergency Medical Transportation (NEMT):** Specially equipped vehicles for transporting riders of any age/ability needing additional assistance and/or traveling with medical equipment, typically available on-demand
- **On-Demand:** A service which does not require a reservation
- **Rideshare:** A SLO County transportation program for everyone, encouraging and rewarding commuters for choosing an alternative mode (walk, bike, bus, carpool, vanpool). More information available at Rideshare.org
- **Shuttle/Van:** Vehicles smaller than a bus and typically wheelchair accessible; most require a reservation to use the service
- **Transit:** Also called "fixed-route transit" or simply "the bus", a public transportation service operating on a pre-determined "fixed route" (unable to deviate to pick-up/drop-off riders) and schedule
 - All SLO County buses can accommodate wheelchairs and other mobility aids, bicycles, and leashed service animals
- **Park-and-Ride:** Also called "Mobility Hubs", park-and-rides are located throughout the county for commuters to park for free and catch the bus or meet a carpool. Overnight parking is not permitted
- **Travel Training Office / Travel Training:** Personalized transportation planning assistance, transit education, and/or connection to other services and resources, available through the Know How To Go program
- **VIP Gold Pass:** A county-wide transit pass for riders age 80+ entitling the pass holder to free rides on all fixed-route buses in SLO County, and Monterey-Salinas Transit (MST) route 84

Icon Glossary:



Mobility aid accessible vehicles are available



Approximate fare range for service



Type of vehicle(s) typically available for service



Reservations required for service



Eligibility requirements for service

PUBLIC TRANSIT





San Luis Obispo Regional Transit Authority (RTA)
Route 9
Route 10
Route 12
Route 15
Dispatch
 RTA (805) 541-2228
 SLO Transit (805) 541-2877

© 2025 produced by SLOCOG/SLO Regional Rideshare with funding from FTA Section 5310

Regional Shuttles (countywide)

- Senior Go! (805) 473-3333**
Seniors age 65 and over
- Ride-On (805) 541-8747**
Veterans, people with disabilities, low-income
- Community Partners in Caring (805) 925-8000**
Volunteer driver service for seniors 62+
- SLO Safe Ride (805) 620-7233**
Charter and event transport
- RTA Runabout (805) 781-4833**
ADA certified riders only
- Amdal (844) 464-7250**
Non-emergency medical transport
- Care Connection (805) 934-0592**
Non-emergency medical transport
- CenCal Shuttle (855) 659-4600**
CenCal insurance holders only
- GoGo Grandparent (855) 464-0508**
On-demand rides for members

Local Shuttles (limited areas)

- Cayucos Senior Van (805) 995-3543**
For Seniors 65+ in Cayucos
- Cambria Community Bus (805) 927-4173**
For people with disabilities and Seniors 55+ in Cambria and San Simeon
- Cambria Anonymous Neighbors (805) 927-5673**
Cambria residents medical appointment transport
- Dial-A-Rides/Call-A-Rides**
Atascadero Dial-A-Ride (805) 466-7433
Morro Bay Call-A-Ride (805) 722-2744, ext. 3
Nipomo Dial-A-Ride (805) 929-2881
Paso Robles Dial-A-Ride (805) 239-8747
Shandon/Paso Dial-A-Ride (805) 266-4242
Templeton Dial-A-Ride (805) 541-2544

Additional Transportation Info

Call 5-1-1 (press 0 for live assistance)



San Luis Obispo Regional Transit Authority (RTA)

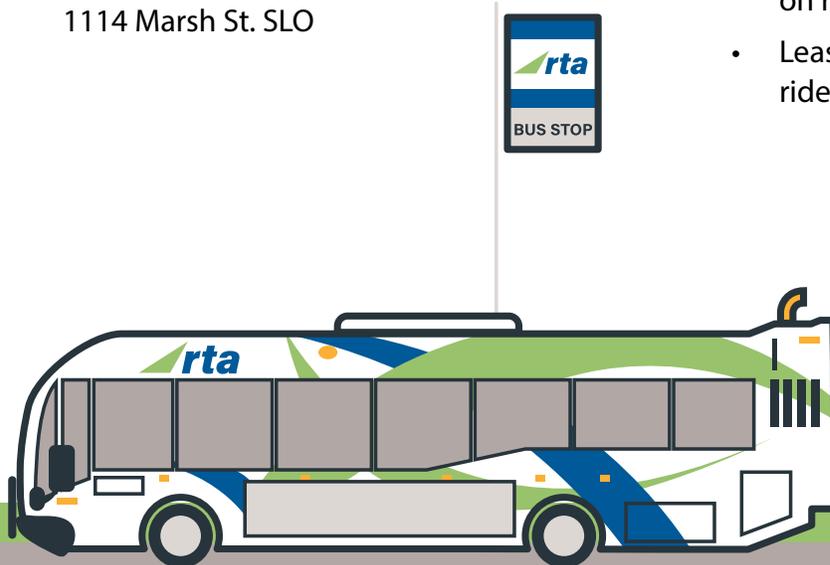


Finding Your Route, Stop, & Schedule:

- **Via phone:**
 - Call the Regional Transit Authority (RTA) for personalized assistance: 805-541-2228
 - Call SLO Transit for personalized assistance with SLO Transit routes: 805-541-2877
 - or call 511 and select "0"
- **Online:**
 - SLORTA.org
 - Rideshare.org
 - Google Maps "Transit" option
- **In-person:**
 - Use a printed transit schedule and map to identify times/routes
 - SLO RTA office: 253 Elks Lane, SLO
 - SLOCOG office: 1114 Marsh St. SLO

Bus Fares & Passes:

- Pay bus fare with **cash** on board (exact change only), the **Token Transit App**, with a **bus pass**, or "**Tap2Ride**" with contactless debit or credit card
- **VIP Gold Pass:** A transit pass for riders age 80+ entitling free rides on all SLO County fixed-route transit
 - Sign up for a VIP Gold Pass at the RTA office: 253 Elks Lane, SLO or the SLOCOG office: 1114 Marsh St, SLO
- Multi-ride day, month, and other pass types are available for regional and local routes. Discounts may apply for students, seniors (65+), and/or people with disabilities
- **Additional Information:**
 - All SLO County fixed-route transit buses are wheelchair accessible via a ramp
 - Buses can "kneel" or lower steps to meet the curb
 - Bikes 55lbs and under may be loaded on racks at the front of the bus
 - Leashed service animals may ride-along



DIAL-A-RIDE & LOCAL SHUTTLES

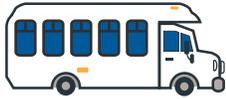


Local-only services operating within city limits.

For county-wide options, visit “Regional Shuttles” on page 12.

Atascadero Dial-a-Ride

805-466-7433 • M–F, 7:30am–3:30pm



Accessible shuttle vans
with bike racks



\$2.50–\$8, cash
accepted on board



Reservation required
at least 2 hours in
advance, 48 hours in
advance requested



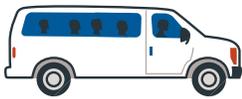
No eligibility
requirements

What else should I know?

This service is curb-to-curb and operates within city limits of Atascadero and near Las Tablas in Templeton. Does not pickup down gravel roads/driveways.

Cambria Community Bus

805-927-4173 • M–F, 8am–4pm



Accessible bus



Free service



Reservation required
at least 24 hours in
advance



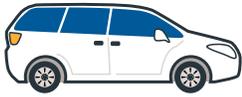
60+ and/or disabled
riders in Cambria &
San Simeon

What else should I know?

This service is door-to-door and operates in Cambria and San Simeon. Does a trip from Cambria to SLO once a month.

Cayucos Van

805-995-3543 • M–F, 9am–4pm



Van, riders must enter/exit vehicle without assistance



Fare to be determined at time of reservation



Reservation required at least 48 hours in advance



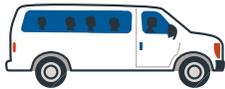
65+ residents of Cayucos

What else should I know?

This service is door-to-door and operates county wide.

Morro Bay Call-a-Ride

805-772-2744 • M–F, 7:30am–6:30pm



Accessible transit bus



\$0.75–\$2.50, cash accepted on board



Same day service available, reservation requested 24 hours in advance



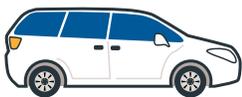
No eligibility requirements

What else should I know?

This is a variation of the Morro Bay Transit fixed-route—hours of operation align with the route schedule. It is a curb-to-curb service operating within $\frac{3}{4}$ mile of a Morro Bay Transit bus stop.

Nipomo Dial-a-Ride

805-929-2881 • M–F, 7am–6:30pm



Accessible vehicle



\$1.75–\$2.25, cash accepted on board



Reservation required at least two hours in advance



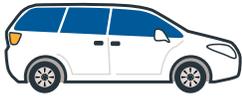
No eligibility requirements

What else should I know?

This service is curb-to-curb and operates within city limits of Nipomo.

Paso Robles Dial-a-Ride

805-239-8747 • M–F, 7am–1pm



Accessible vehicle



\$2.50–\$5, cash
accepted on board



Reservation required
at least two hours in
advance



No eligibility
requirements

What else should I know?

This service is curb-to-curb and operates within city limits of Paso Robles.

Shandon Dial-a-Ride

805-541-2544 • M, W, F 8am–5pm



Accessible vehicle



\$5, cash accepted
on board



Reservation
required by noon
the previous day



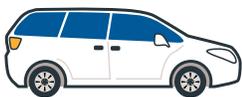
No eligibility
requirements

What else should I know?

This service is curb-to-curb and operates within Shandon City Limits, into some areas of Templeton & Paso Robles.

Templeton Dial-a-Ride

805-541-2544 • T, Th, 8am–5pm



Accessible vehicle



\$2.50, cash
accepted on board



Reservation
required by noon
the previous day



No eligibility
requirements

What else should I know?

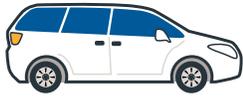
This service is curb-to-curb and operates within city limits of Templeton, into some areas of Paso Robles & Shandon.

REGIONAL SHUTTLES



Access for All

805-473-3333 • M-F, 9am-5pm & Sat 10am-3pm



Accessible vehicle



0-20.0 miles: \$5
20.1+ miles: \$10



Reservation
required at least 48
hours in advance



Wheelchair users
age 18+

What else should I know?

This service is door-to-door throughout SLO County.

Cherish Care
A Multi-Service Agency for Seniors

Cherish Care

805-927-1051 • Hours vary



Call for a quote



Reservations
required

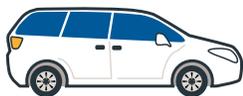
What else should I know?

- This service is door-to-door.
- Additional caregiving services are available.
- Vehicles are not accessible.

SENIORGO!
A program of SLOCDG

Senior Go

805-473-3333 • M-F, 9am-5pm & Sat 10am-3pm



Shuttles, vans, Lyft
vehicles, or accessible
vehicles available.
Make request at time of
reservation



0-20.0 miles: \$5;
20.1+ miles: \$10;
Cash, check,
credit card accepted



Reservation required
at least 48 hours in
advance



65+

What else should I know?

- This service is door-to-door and operates county wide.
- Riders are allowed 8 one-way rides/month (4 round-trip rides/month).



Ride On
805-541-8747



Ride-On has many transportation options in addition to those listed below such as **group transport, airport service, hospital transfers/discharges** and **medical shuttles**. Be sure to speak with the dispatcher about which programs you may qualify for. Reservations for all services are required; some same-day service is available at an extra cost.



Accessible shuttle bus



Fare varies



Reservations required
48 hours in advance

Veterans Express • 7 days a week, 6:30am–5pm



\$3 for veterans with disabilities



Veterans in SLO or Santa Maria

What else should I know?

- Trips are from home to VA clinics in SLO or Santa Maria
- 1 round trip/month, must present VA card

Community Interaction Program

805-543-2039 • M–F after 5pm, weekends available



\$3 for riders with developmental disabilities

What else should I know?

This is a door-through-door service, offering limited destinations

Access Shuttle (low-income) • 7 days a week



\$3 for qualified low-income riders

What else should I know?

This service allows 2 round trips/month

Senior Shuttle



\$8 in town, more for intercity



For seniors 65+

What else should I know?

This service allows 2 rides/month



Runabout ADA Paratransit Service

805-541-2544



Accessible shuttle bus



\$2.50–\$11 (double the fixed route fare)

Cash accepted on board, checks accepted for \$15–\$60

Note: caregiver included in fare



Reservations required 1–7 days ahead



ADA certified riders who are unable to use other services due to a disability.

To be certified, contact the ADA Mobility Specialist: 805-781-1170

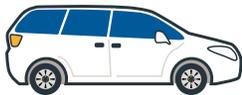
What else should I know?

- Trips are offered during the same time as fixed route service.
- Pickup/drop-off within 3/4 miles of a fixed-route bus line.



Community Partners In Caring

805-925-8000



Volunteer vehicles are not accessible



Free



Reservations Requested. Dependent upon volunteer availability



Age 62+ and people with disabilities age 18+

What else should I know?

- Trips are in volunteer driver's personal vehicle.
- Riders must enter/exit vehicle without assistance.



VETERANS:

VA Volunteer Transportation Program

805-543-1233



Accessible vehicles available, make request at time of reservation



Fares vary



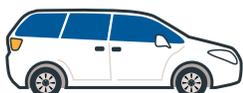
Reservations requested at least 24 hours in advance



For medical appointments and hospital discharges at the Santa Maria and/or San Luis Obispo VA Clinics

Ride-On Veterans Express

805-541-8747 • 7 days a week, 6:30am–5pm



Accessible shuttle bus



\$3 for veterans with disabilities



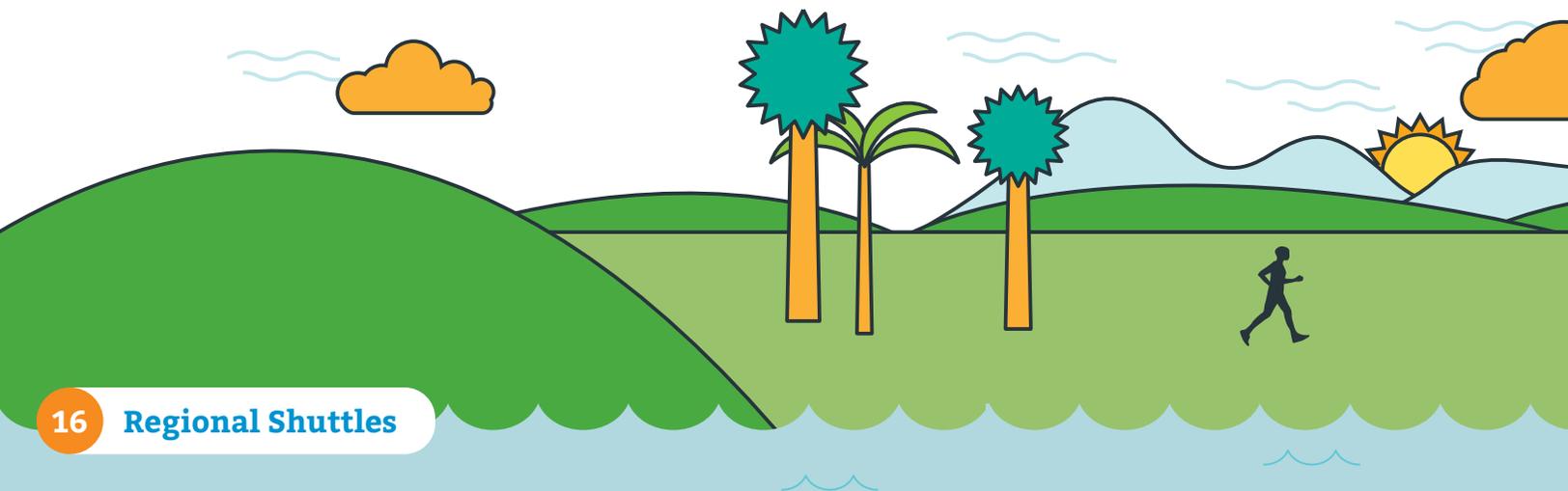
Reservations required 48 hours in advance



Veterans in SLO or Santa Maria

What else should I know?

- Trips are from home to VA clinics in SLO or Santa Maria
- 1 round trip/month, must present VA card



NON-EMERGENCY MEDICAL TRANSPORTATION (NEMT):

Cambria Anonymous Neighbors

805-927-5673 • On-demand, as volunteers are available

Free



Free service



Cambria residents for medical appointments outside Cambria



Medi-Cal & CenCal Health Transportation

855-659-4600



Free for Medi-Cal & CenCal patients



For Medi-Cal & CenCal patients to medical appointments



Community Health Centers

Community Health Centers (CHC) Shuttle Service

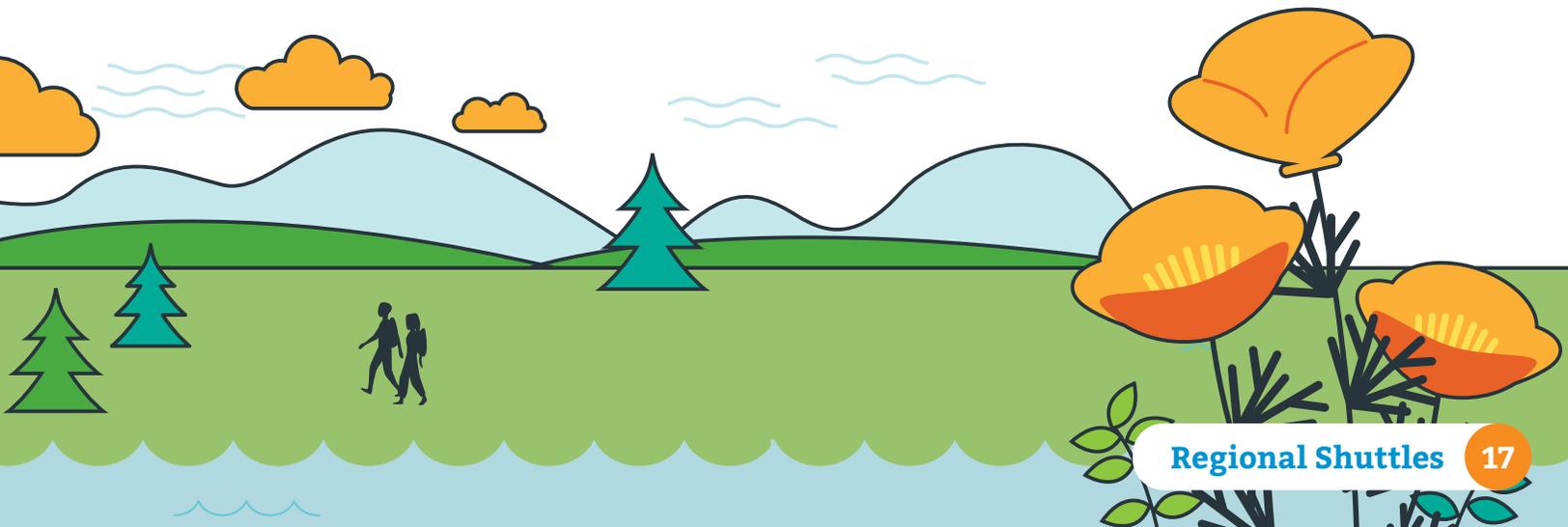
877-743-3242



Free for CHC patients



For CHC patients to appointments at CHC clinics





Amdal

844-464-7250 • 24/7 with same day availability



Fares vary, pickup fee and mileage fee apply

Note: caregiver included in fare

What else should I know?

- This is an inter-county service
- Can discharge from hospital/medical appts.



Care Connection

805-934-0592 • 24/7 with same day availability

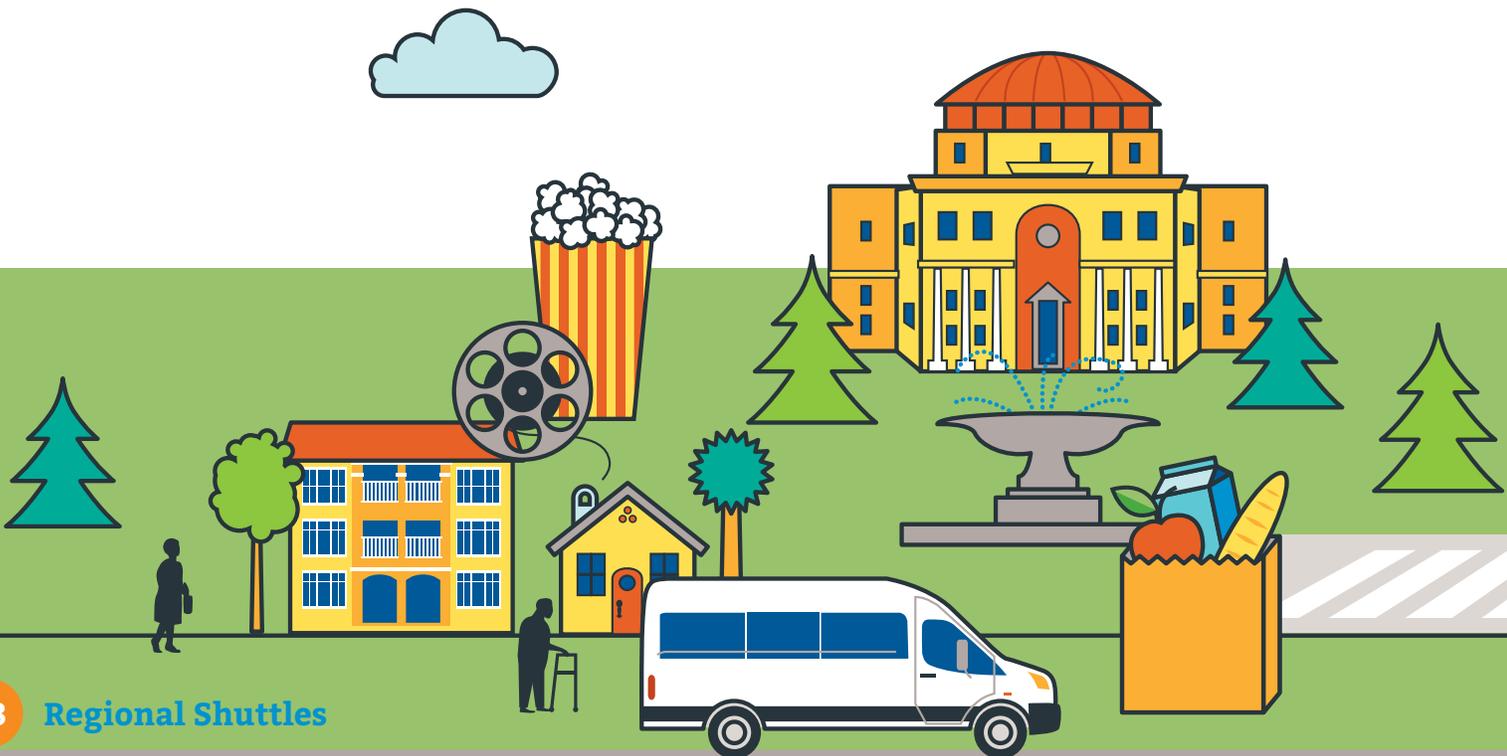


Fares vary, pickup fee and mileage fee apply

Note: caregiver included in fare

What else should I know?

- This is an inter-county service
- Can discharge from hospital/medical appts.



ON DEMAND:

Transportation with no reservation required



Go-Go Grandparent

855-464-0508

\$\$-\$\$\$



Not all vehicles are accessible—make request at time of reservation



\$0.27/minute + monthly fee



Membership service

What else should I know?

- Membership service providing caregiving services and on-demand transportation via phone dispatch up to 100 miles—no app required



Uber Lyft & Uber

\$\$-\$\$\$



Vehicles are not accessible



Payment through the app via credit card

What else should I know?

- Phone app only



GROUP, CHARTER, AND TAXI SERVICES:



SLO Safe Ride
805-620-7233



Group transportation; Charter trips



Sun Shuttle & Transit



Adults with special needs, individual or group transport—also offer charter trips



Central Coast Taxi

805-202-1370 • centralcoasttaxi.com



\$3.00 pick up fee + \$3.50/mile

What else should I know?

Specializing in transportation to SLO airport from anywhere except the City of SLO.



Fetch Transportation

805-419-3382

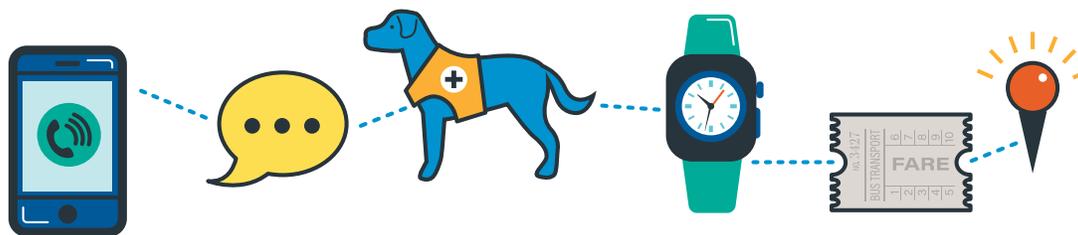


Meter taxi

What else should I know?

Available for charter.

FREQUENTLY ASKED QUESTIONS:



Q: What information do I need when arranging a ride?

A: You will need to provide your first and last name, pick up and destination addresses, a telephone number that you can be reached at, your appointment time (or when you want to arrive), and pick up time.

Q: How far in advance should shuttle services be contacted to schedule a ride?

A: Most shuttles request 48-hour notice at minimum, but this varies with each shuttle service. The more notice you can give, the more likely you are to book your ride.

Q: Do shuttles run on the weekends, early morning, or late evening?

A: Most shuttles operate Monday-Friday, 9am–5pm. On-demand (Uber/Lyft) and 24/7 options (NEMT) are available for a higher fare.

Q: Do shuttles offer round-trip rides? Will the driver wait at my destination for the return trip?

A: Services do not offer round-trip rides. Make reservations for each vehicle entry/exit. With few exceptions, drivers are not able to wait at your destination for your return trip.

Q: Can I bring my service animal?

A: Yes, leashed service animals are welcome on all transit and most shuttle services.

Q: Can I bring a caregiver?

A: Caregivers are welcome on all services, an additional fare may apply.

Q: Is there a lift or a ramp on the bus to accommodate walkers, wheelchairs, etc.?

A: Yes, all transit services have a ramp lift and “kneeling” capability. Shuttle services use a variety of vehicle types, be sure to request an accessible vehicle at the time of your reservation.

Q: Can I pay the shuttle fare with check, cash, credit or debit cards?

A: Fare payments vary from service to service. Shuttle services which require a reservation accept credit and debit cards, and many accept cash. Checks are not a preferred payment method.

Q: How do I make connections?

- **SLO Airport:** Served by SLO Transit routes and all regional shuttle services, SLO Safe Ride, and Central Coast Taxi
- **SLO County Amtrak Stations:**
 - **Paso Robles Multi-Modal Center:** Served by RTA routes 9N/S, Paso Robles City routes A/B
 - **SLO Station:** Served by SLO Transit route 3B
 - **Grover Beach Station:** Served by South County Transit routes 21 & 24
- **Monterey-Salinas Transit (MST):** Connect to MST route 84 from RTA route 9N
- **Santa Maria Regional Transit (SMRT):** Connect to SMRT from RTA route 10S or SMRT route 210
- **LAX, Santa Barbara Airport, Santa Maria Airport:** Served by Central Coast Shuttle (805) 928-1977
- **Long-Distance Travel:**
 - **Greyhound:** Nearest station is in Santa Maria. Tickets must be booked online.
 - **Flix Bus:** flixbus.com

TRANSPORTATION SERVICES

Quick Reference

Hours, fares, and eligibility vary.
For more info visit KnowHowToGoSLO.org or **call 511**.

Local Shuttles

Atascadero Dial-a-Ride
(805) 466-7433

Cambria Community Bus
(805) 927-4173

Cambria Anonymous Neighbors
(805) 927-5673

Cayucos Senior Van
(805) 995-3543

Community Partners in Caring
Volunteer Driver Program
(805) 925-8000

Morro Bay Call-a-Ride
(805) 772-2744

Nipomo Dial-a-Ride
(805) 929-2881

Paso Robles Dial-a-Ride
(805) 239-8747

Shandon Dial-a-Ride
(805) 541-2544

Templeton Dial-a-Ride
(805) 541-2544

Regional Shuttles

SLO Regional Transit Authority (RTA)
805-541-2228

SLO Transit
805-541-2877

Ride-On Transportation
Veterans, disability, low-income
(805) 541-8747

Senior Go!
Age 65+
(805) 473-3333

Wheelchair Accessible Transit
(805) 473-3333

RTA Runabout
ADA Required
(805) 781-4833

Amdal
Non-Emergency Medical Transport
(844) 464-7250

Care Connection
Non-Emergency Medical Transport
(805) 934-0592

CenCal Shuttle
(855) 659-4600

SLO Safe Ride
Group Transport
(805) 620-7233

Sun Shuttle
Specialized & Group Transport
SunShuttleTransit.com

Go-Go Grandparent
(855) 464-0508

Central Coast Taxi
To SLO Airport from outside City of SLO
805-202-1370

Fetch Transportation
Taxi and charter services
805-419-3382

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**KNOW
HOW TO GO!**

A program of the San Luis Obispo Council of Governments

